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(54) Title: TOPICAL ANALGESIC COMPOSITIONS CONTAINING ALIPHATIC POLYAMINES AND METHODS OF USING  
SAME

(57) Abstract: A method for producing local analgesia in a subject having a site of local discomfort. A composition to be ad-  
ministered includes an aliphatic polyamine. The polyamine can be an alkylamine. Particular amines include putrescine, spermine,  
spermidine and cadaverine. The composition can also include urea and/or lidocaine.



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## TOPICAL ANALGESIC COMPOSITIONS CONTAINING ALIPHATIC POLYAMINES AND METHODS OF USING SAME

### FIELD OF INVENTION

5           This invention relates to topical analgesia and to methods and compositions, etc. for treating pain or discomfort in a mammal.

### BACKGROUND OF THE INVENTION

          Pain occurs frequently and is a common symptom for which patients seek medical assistance.  
10   Defined as an unpleasant subjective sensation which results from a noxious stimulus, pain alerts the body to possible or actual danger, such as during disease or physical trauma. The needs of a patient in temporary or chronic pain include comfort, freedom from adverse reactions, the ability to perform the functional activities of daily living, psychological reassurance, and a satisfying quality of life.

          The pathological mechanism of pain and its perception by the subject remains an area of  
15   considerable research. Despite a lack of comprehensive understanding of the many dimensions of pain, many agents have been developed to be effective in its treatment.

          Analgesics are a broad class of agents developed for use in the treatment and management of pain. Major classes of analgesic compounds include analgesic-antipyretic compounds which are  
20   compounds that alleviate pain and/or reduce fever, such as salicylates and related compounds, and narcotic analgesics or opiates, which alleviate pain and/or induce sleep. The analgesic potency of a compound generally correlates with its solubility in lipids. It is believed that analgesia occurs when lipid structures in neurosensory cell membranes are disrupted by a dissolved analgesic agent.

          Analgesics can be broadly divided into two classes of agents, i.e. systemic analgesics and  
25   topical analgesics. Compounds displaying analgesic properties are not necessarily effective as both systemic and topical analgesics. Systemic analgesics, which are typically swallowed or injected, are frequently prescribed for the treatment of pain. The most common treatment for chronic pain is with the use of the salicylate-like agents known as nonsteroidal anti-inflammatory drugs (NSAIDs). Unfortunately, side effects can be associated with the use of these drugs, including gastrointestinal and renal abnormalities.

30           Unlike systemic agents that are swallowed or injected, topical analgesics, typically available in the form of salves, creams, ointments and rubs, work only on the area they are rubbed into, reducing or eliminating the risk of systemic side effects. Topical analgesics may be appropriate for subjects with muscle ache or mild pain that affects only a few joints. They may also provide relief for subjects whose oral medications alone fail to reduce their pain to manageable levels, such as, for example, from arthritic  
35   pain. They may also provide means of prophylaxis of pain. However, topical administration of an analgesic requires that the analgesic be able to reach the sensory receptors implicated in pain. In particular, topical analgesics for use on the skin must first be able to penetrate dense stratum corneum, keratinized comeocytes and the restrictive epidermal cell layer barrier of the skin surface.

          Different types of agents have been found to be effective as topical analgesics. Most common  
40   topical analgesics include one or more of three commonly used analgesic agents which can be broadly

classified as counter-irritants, salicylates, and caspaicin. Counter-irritants stimulate nerve endings distracting the brain's attention from musculoskeletal pain, and encompass such substances as menthol, camphor, etc. Salicylates inhibit prostaglandins which contribute to pain and inflammation. Such compounds are often found to act as systemic analgesics as well. Caspaicin is a naturally occurring drug  
5 which works by depleting a neurotransmitter substance that is implicated in sending pain messages to the brain. These active agents are usually applied as components in compositions to an area in need of analgesia. These compositions often include agents that aid in the transcutaneous delivery of the analgesic agent to the sensory receptors. As well, lidocaine, lignocaine, xylocaine, benzocaine, tetracaine, prilocaine, bupivacaine, and the like, are used as topical analgesics. However, their toxicities are well  
10 established and great care must be taken to ensure that the dosage of these agents is not exceeded to toxic levels. Toxic effects include formation of sulfhemoglobin and methhemoglobin, as well as effects on the central nervous system.

Thus, the development of topical analgesics for the management of pain which provide fast and effective relief or reduction of pain, yet exhibit reduced side effects, is an ongoing need.

15

## SUMMARY OF THE INVENTION

The present invention involves alleviation of pain or discomfort of a subject by aliphatic polyamines that produce an analgesic effect in their topical administration to the subject. An analgesic is an agent used in the treatment of pain.

20

One embodiment of the invention is a method for producing local analgesia in a subject having a site of local discomfort. The method includes topically administering an effective amount of an aliphatic polyamine to the site.

In another embodiment, the invention is a method for producing relief in a subject having a site subject of nociceptive stimulation. The method includes topically administering an effective amount of  
25 an aliphatic polyamine to the site.

The polyamine can be in the form of a free base or it can be a pharmaceutically acceptable salt of a polyamine, or it can be a mixture of the two. Of course, the form selected would be compatible with the use to which the polyamine is to be put. For application to human skin, the free base or salt(s) would be compatible for use with human skin. Salts that produce deleterious effects would generally be  
30 avoided.

In particular embodiments, the polyamine has up to fifteen carbon atoms. Certain preferred polyamines are limited to four amino groups, while certain embodiments have three amino groups and some have only two amino groups. In certain embodiments, the polyamine(s) is saturated. In certain embodiments, the polyamine is non-cyclic. In certain embodiments, the polyamine has only ten carbon  
35 atoms, but it may have more, or less, particularly, nine, or eight, or seven, or six or five carbon atoms. Particular polyamines of the invention are putrescine, cadaverine, spermine and/or spermidine. Spermidine is the "doublet" of putrescine and spermine is the "triplet." Preferably, the polyamine has at least four carbon atoms.

In compositions of the invention, the polyamine can make up between 0.1 and 10 weight  
40 percent of the composition that is to be administered to the site. In other embodiments, between 0.2 and

9 percent, or between 0.3 and 8 percent, or between 0.4 and 7 percent, or between 0.5 and 6 percent, or between 0.6 and 5 percent, or between 0.7 and 5 percent, or between 0.8 and 5 percent, or between 1 and 4 percent or between 1 and 3 percent, or between 1 and 2 percent. The polyamine can thus constitute about 0.1, 0.2, 0.3, 0.4, 0.5, 0.8, 1.0, 1.3, 1.5, 1.8, 2.0, 2.3, 2.5, 2.8, 3.0, 3.5, 4.0, 4.5, 5.0, 5.5, 6, 7, 8, 9 or  
5 10 weight percent of the composition that is to be administered to the site.

The site of topical application would usually be the epidermis, the outer skin layer of the subject. The subject is usually human, but could be another mammal, such as a horse or dog, for example.

A composition of the invention preferably includes a chaotropic agent, or penetration agent,  
10 which enhances delivery of the analgesic component into lower layers of the skin aiding its delivery to the site of action. The agent can be urea, or it can be oleic acid, for example, or it can be a combination of such agents.

Urea has been found to be particularly useful in this regard. Preferred embodiment compositions include urea in a concentration of at least 10 percent, more preferably in a concentration of  
15 at least 15 percent by weight of the composition. Usually, the concentration of urea would be no more than 40 percent. The concentration of urea could be about 10, or about 15 or about 20, or about 25 or about 30 or about 35 or about 40 percent by weight of the total weight of the composition.

In certain embodiments of the invention, the composition is a cream, or a spray, or an ointment, or a gel or a lotion, for application to a subject's skin.

20 A preferred mode of administration is with the use of a patch. A patch can be mounted to the site to be treated. The patch has the polyamine incorporate therein at the site such that the polyamine is transferred from the patch to the site.

In using such a patch, release of the polyamine from the patch can be controlled to produce the analgesic effect over a period of time. The period of time can be, for example, up to about one week, or  
25 between about one hour and one week, or between one hour and six days, or between six hours and five days, or between six hours and four days, or between twenty-four hours and three days, or between one day and two days.

In certain preferred embodiments, the composition can include beta 1,3-D glucan.

In a particularly preferred embodiment, the composition includes lidocaine, a known local  
30 anaesthetic.

Topical sites treatable through the present invention include those where discomfort is the result of a sports injury, a physical assault, arthritis, rheumatism, headache, shingles, surgical pain, or a combination of any of the foregoing.

The source of discomfort can be one of non-pathological etiology.

35 The invention can be used in a subject suffering from fibromyalgia.

In a particular embodiment, the site of treatment is free of extracellular wound scar skin tissue and/or the site is free of a wound undergoing healing of the skin.

The invention includes manufacture of a composition of the invention, and particularly those for use according to any method of the invention, for example, in topically administering the composition to  
40 an affected site.

In preferred embodiment compositions, the polyamine of the invention is admixed with a suitable pharmaceutically-acceptable diluent or carrier.

Several properties of putrescine are known that make it suitable for use as a topical analgesic, including that it is a naturally occurring substance which is a normal metabolite in cells, it is a ubiquitous component in foods, and it has been shown to have a very low toxicity when administered via many routes including orally, intravenously, intraperitoneally, and intramuscularly.

In a preferred embodiment, the aliphatic polyamine is putrescine dihydrochloride.

In another aspect, the invention relates to a pharmaceutical composition in dosage unit form suitable for topical administration to a mammal for effecting analgesia in a mammal desiring such analgesia, which comprises an effective amount of an aliphatic polyamine or a pharmaceutically-acceptable salt thereof, in admixture with a suitable pharmaceutically acceptable diluent or carrier.

In another aspect, the invention provides a commercial package containing as an active pharmaceutical ingredient an aliphatic alkyl polyamine or a pharmaceutically-acceptable salt thereof, together with instructions for the use thereof for inducing analgesia in a mammal.

In another aspect, the invention provides a process for preparing an agent for effecting topical analgesia in a mammal, in ready-to-use drug form for the treatment of pain, characterized in that an aliphatic polyamine or a pharmaceutically acceptable salt thereof is used as an active ingredient in the agent.

## DETAILED DESCRIPTION OF THE INVENTION AND PREFERRED EMBODIMENT

For purposes of clarity, the following terms and phrases used throughout this specification and the appended claims are defined in the manner set forth directly below.

The term "analgesia" as used herein means the reduction, or absence, of sensibility to pain, designating particularly the relief of pain without consciousness.

The term "malady" generally refers to an illness or disease.

The term "composition" is meant to embrace both a single substance and a mixture of substances.

The term "polyamine" as used herein means one or more than one amino group.

The term "amino" as used herein means  $-NH_2$ .

The term "aliphatic" means acyclic or cyclic, saturated or unsaturated carbon compounds, excluding aromatic compounds. Saturated carbon compounds include hydrocarbons having from one to twenty carbon atoms, within which includes from four to eleven carbon atoms, and further which includes from four to five carbons, and which can be straight or branched chain. Representatives of such groups are n-butyl, n-pentyl, n-propyl, sec-butyl, isobutyl, etc.

The term "alkyl" as employed herein means a saturated hydrocarbon having from one to twenty carbon atoms, within which includes from four to eleven carbon atoms, and further which includes from four to five carbons, and which can be straight or branched chain. Representatives of such groups are n-butyl, n-pentyl, n-propyl, sec-butyl, isobutyl, etc.

The term "pharmaceutically-acceptable" as employed herein means those compounds, materials, compositions, and/or dosage forms which are, within the scope of sound medical judgement,

suitable for use in contact with the tissues of human beings and animals without excessive toxicity, irritation, allergic response, or other problems or complication, commensurate with a reasonable benefit/risk ratio.

The term "pharmaceutically-acceptable salts" in this respect refers to the relatively-non-toxic, inorganic and organic addition salts of compounds of the present invention. Representative salts include the hydrochloride, hydrobromide, sulphate, phosphate, nitrate, acetate (see for example, S.M. Berge *et al.*, "Pharmaceutical Salts", *J. Pharm. Sci.* 66:1-19 (1977)).

The term "chaotropic agent" as employed herein means an agent that breaks up dense macromolecular and lipid-rich domains. Some examples of materials that can serve as chaotropic agents include urea, substitutes ureas, amides and dimethyl sulphoxide.

The phrase "pharmaceutically-acceptable carrier" as employed herein means a pharmaceutically-acceptable material, composition or vehicle, as defined directly above, such as a liquid or solid filler, diluent, excipient, solvent, involved in carrying or transporting a chemical compound or pharmaceutical agent from one portion of the body to another portion of the body. Some examples of materials that can serve as carriers include: sugars, such as lactose and glucose; starches, such as corn starch; cellulose, and its derivatives, such as sodium carboxymethyl cellulose and cellulose acetate; malt; gelatin; talc; oils, such as olive oil; glycols, such as propylene glycol; polyols, such as glycerin, polyethylene glycol; esters, such as ethyl oleate; agar; buffering agents, such as magnesium hydroxide; water; ethyl alcohol; and other non-toxic compatible substances employed in pharmaceutical formulations.

The present invention includes a use of an aliphatic polyamine as a topical analgesic and topical analgesic compositions containing an aliphatic alkyl polyamine.

A number of the aliphatic alkyl polyamine compounds useful in the composition and methods of the present invention are known in the chemical art. The amine group contained by the aliphatic polyamines may be either primary or secondary and may be located either in a terminal position, within the alkane chain, or both. In a preferred embodiment, the preferred aliphatic polyamines useful in the compositions and methods of the present invention are spermidine (4,4'-iminobis butylamine), spermine (*N,N'*-Bis(3-aminopropyl)-1,4-butane-diamine), cadaverine (1,5-pentanediamine) and putrescine (1,4-diaminobutane). Details of the synthetic preparation of a number of the aliphatic polyamines utilizable in the compositions and methods of the present invention may be found in *Beilsteins Handbuch Der Organischen Chemie*. The *Merck Index*, 11th edition, also references many of the preferred compounds of this invention.

The free base form of the aliphatic polyamines utilized in the present invention may be conveniently converted to the corresponding acid addition salt by contacting a solution of the free base with the appropriate acid. Particularly preferred salts are the acid addition salts formed with hydrochloric and sulfuric acids, e.g., hydrochloride and sulfate.

The compositions of the present invention comprise one or more of the above-mentioned aliphatic polyamines in a sufficient quantity together with a suitable pharmaceutical carrier to induce topical analgesia. The aliphatic polyamines act as analgesic agents. A sufficient quantity is defined as the amount of compound necessary to induce analgesia. In the usual course of therapy, the aliphatic

polyamine is incorporated into an acceptable vehicle to form a composition for topical administration to the area sensing pain and, thus, requiring analgesia.

The dosage levels of the aliphatic polyamine in the pharmaceutical compositions of this invention may be varied so as to obtain an amount of the active ingredient that is effective to achieve the desired therapeutic response for a particular use, or composition without being toxic to the subject. In a preferred embodiment, the amount is 1.0 weight percent. In another embodiment, the amount is 0.8 weight percent. In yet another preferred embodiment, the amount is 2.0 weight percent. In other embodiments, the percentage may be higher or lower. In a preferred embodiment, a concentration of putrescine at 0.8 percent weight per volume of the composition in a eutectic base is used for inducing analgesia to an area of the skin of a human. A topical composition containing 0.8 percent weight per volume of putrescine in a eutectic base for the treatment of scar tissue is described in United States Patent Serial No. 5,885,982. In general, such compositions are envisioned to contain the active ingredient in from about 0.005% to about 5% volume by weight of the total composition. The use of putrescine as a non-topical, systemic analgesic by intraperitoneal and intracerebroventricular injection into rats at 200 to 400 mg/kg of body weight is known. See, Genedani *et al.*, *Life Sciences*, 34, 2407-2412 (1984).

While it might be possible for an aliphatic alkyl polyamine of the present invention to be administered in pure form, it is preferable to administer the compound as a topical pharmaceutical composition to facilitate spreading over the area in need of analgesia. Compositions for topical application may be exemplified by ointments, creams, lotions, solutions, suspensions, aerosols, gels, dusting powder, and impregnated bandages and dressings. Such compositions would normally be based upon standard carriers such as pharmaceutically acceptable vegetable oils and gelatins, gums and petrolatum. Other ingredients of the composition of the invention may be preservatives, coloring, thickening, suspending, disbursing, emulsifying, swelling, stabilizing and buffering agents, fats, oils, waxes, paraffins, starch, polyethylene glycols, silicones, bentonites, talc, zinc oxide, etc., as required by the specific formulation. In a preferred embodiment, the pharmaceutical carrier is a eutectic base (Glaxo Canada Ltd., Toronto, Ont.).

A polyamine of the invention can also be incorporated into patches or so-called transdermal therapeutic systems (TTS). From these the active substance components act on the skin over a defined area of the body surface in occlusive manner at a controlled release rate and are appropriately brought to transdermal absorption.

It is well known that the rate of transport of some substances through the skin depends on the polar-nonpolar nature of the substance, size of the substance, hydration of the skin, blood supply, and modification of the stratum corneum by chemicals. Thus, in a preferred embodiment, a chaotropic agent is present in the composition. In a preferred embodiment, the chaotropic agent is urea. In yet another preferred embodiment, urea is present at about fifteen weight percent of the composition. In yet another preferred embodiment, urea is present from between about one and twenty weight percent of the composition. Such chaotropic agents can facilitate penetration of the analgesic agent into the skin as they break up dense macromolecular domains of fibrous and globular proteins.

In another preferred embodiment, a beta-1,3-glucan can be added to promote healing in the area of the subject requiring analgesia should the area also require healing. In another embodiment, a beta-1,3-glucan is present at about six to eight percent by weight of the total composition. Beta-1,3-glucans may be derived from, among other things, purified yeast cell walls, and are well known to stimulate the immunosystem.

Repeated use of the analgesic compositions of the present invention is envisaged, the length of time of use being dependent upon the length of time that is required until analgesia is effected. As well, the dosage size and frequency of administration can vary depending upon the nature and intensity of the pain. The exact dosage to be administered and length of time of use with a subject will, of course, be dependent upon, among other factors, the particular compositions employed, and the disease or injury being treated.

A variety of uses have been tried for the analgesic compositions of the present invention invention, for example: headache, frontal headache, arthritis, anti-nociception, rheumatism, shingles, post-herpetic neuralgia, joint pain (in the arm, leg, shoulder, toe, ankle, etc. for example), post surgical pain, tenderness in breasts, burns, tense muscles, chest pain, injuries, sports injuries (for example, shin splints, pulled muscles, sprain, etc.), repetitive stress injuries including tennis elbow, fibromyalgia, rotator cuff pain, musculoskeletal pain. In a preferred embodiment, the composition of the invention is applied to an area of a shoulder requiring analgesia due to pain originating from the rotator cuff and includes putrescine at about 2 percent by weight of the composition.

The following examples describe in detail compositions illustrative of the present invention and methods for their utilization. It will be apparent to those skilled in the art that many modifications, both of materials and methods may be practiced without departing from the purpose and intent of the disclosure. All components are commercially available.

#### Example 1

Topical cream composition according to the present invention is prepared from the following components:

Component	Percent by weight
deionized water	55
urea USP	15
glycerin	6
triethanolamine 99%	4
GMS/PEG 100 stearate	3.5
emulsifying wax NF (polawax)	3
hydrogenated polyisobutylene	3
lactic acid	3
cetyl alcohol (hexadecyl alcohol)	2.5
putrescine	1
malic acid	3
silk protein (amino acid)	1
imidazolidinyl urea	0.4
methyl paraben	0.2
carbomer 934P	0.1
propyl paraben	0.1
tetra sodium EDTA	0.1



Example 2

Topical balm composition according to the present invention is prepared from the following components:

5

Component	Percent by weight
Beeswax	5
Cetyl alcohol	3
GMS/PEG 100 stearate	6
imidazolidinyl urea	0.4
Lactic acid	3
Lanolin	4
Malic acid	3
Methyl paraben	0.2
Mineral oil	5
Propyl paraben	0.1
Putrescine	1
Silk protein (amino acid)	2
Tetra sodium EDTA	0.1
Triethanolamine	0.25
Urea USP	25
Deionized water	41.95

Example 3

Topical lotion composition according to the present invention is prepared from the following components:

10

Component	Percent by weight
Carbomer 941	0.1
Cetyl alcohol	2
Emulsifying wax NF (polawax)	1
GMS/PEG 100 stearate	2.0
Hydrogenated polyisobutene	4.5
imidazolidinyl urea	0.4
Isopropyl myristate	4
Lactic acid	3
Malic acid	2
Propylene glycol	5
Putrescine	2
Quaternium 15 (Dow 200)	0.05
Silk protein	1
Tetra sodium EDTA	0.1
Triethanolamine 99%	1.25
Urea USP	10
Deionized water	61.6

Example 4

Topical lotion composition according to the present invention is prepared from the following components:

Component	Percent by weight
allantoin	0.2
Carbomer 940	0.1
Cetyl alcohol	2
Dimethicone (Dow fluid 350)	0.5
Emulsifying wax NF (polawax)	2
Glyceryl stearate	2
Hydrogenated polyisobutene	5
Imidazolidinyl urea	0.3
Isopropyl myristate	5
Methyl paraben	0.2
Propyl paraben	0.1
Propylene glycol	5
Putrescine	1
Silk protein (amino acid)	1
Tetra sodium EDTA	0.1
Triethanolamine	0.3
Deionized water	75.2

5

Example 5

Topical composition according to the present invention with lidocaine and putrescine present is prepared from the following components:

Component	Percent by weight
Allantoin	0.2
Carbomer 940	0.4
Carbowax PEG-400	5
Imidizolidyl urea	0.3
Lechithin	1
Lidocaine	4
Methyl paraben	0.2
N-propyl alcohol	7
Oleic acid	1
Putrescine	2
Tetradecyl tetrasodium EDTA	0.2
Triethanolamine	4.75
Urea USP	10
Deionized water	63.95

10

Example 6

Topical massage cream composition according to the present invention is prepared from the following components:

Component	Percent by weight
Arnica oil	0.5
Calendula oil	0.5
Camphoracious 804	0.05
Cetyl alcohol	2
Dimethicone (Dow fluid 350)	0.5
Glyceryl stearate	3
GMS/PEG 100 stearate	5
Imidazolidynyl urea	0.4
Isopropyl palmitate	5
Lactic acid	1.25
Menthol USP	0.05
Mineral oil, medium	15
Peppermint oil	0.05
Propylene glycol	5
Putrescine	2
Quaternium 15 (Dow 200)	0.05
Silk protein (amino acid)	0.5
Sorbic acid	0.15
Triethanolamine	0.2
Urea USP	1
Deionized water	57.8

5

Example 7

Topical cream composition according to the present invention is prepared from the following components:

Component	Percent by weight
Putrescine	0.8
Glaxo eutectic base	99.2

10

The putrescine is dissolved in deionized water in a one to one ratio before adding to the Glaxo base.

Feasibility studies

15 In order to assess the analgesic effects of the method of use of the compounds of the invention and the compositions of the present invention, studies have been conducted. In the following study, the effect of the composition on a group of subjects in pain was evaluated.

20 Sixteen subjects experiencing pain were given a sample of the composition of Example 1 (the "Example 1" composition) and a sample of the composition of Example 1 that does not include the active ingredient, putrescine (the "placebo" composition). The subjects were advised to topically administer the compositions at different periods of pain and to then rate the effectiveness of the two compositions. Pain was estimated by a ranking system from 0 to 5, wherein 0 was no effect, while 5 represented maximum perceived relief of pain. The data are presented in Table 1 and show that the perceived pain decreased

with application of the composition containing putrescine. As well, 15 out of 16 subjects did not perceive a decrease in pain after application of the placebo composition.

**Table 1:**

Composition	Number of subjects reporting the following response					
	0	1	2	3	4	5
Example 1	3	1	-	-	4	8
Placebo	15	1	-	-	-	-

- 5 Similarly, subjects experiencing pain were given a sample of the composition of Example 1 (the "Example 1" composition) and a sample of the composition of Example 1 that does not include the active ingredient, putrescine (the "placebo" composition). The subjects were advised to administer the compositions at different periods of pain and to then rate the effectiveness of the two compositions. Pain was estimated by a ranking system from 0 to 5, wherein 0 was no effect, while 5 represented maximum
- 10 perceived relief of pain. The data are presented in Table 2 and show that the perceived pain decreased with application of the composition containing putrescine.

**Table 2**

Subject No.	Rating of Example 1	Rating of Placebo	Type of pain
1	4	1	Arthritic pain in back
2	4	0	Pain in toe from sports injury
3	5	0	Stiffness in knee
4	1	0	Torn muscle in leg
5	0	0	Soreness from prior ankle injury
6	5	-	Sprained ankle
7	5	0	Pain in upper arm
8	0	0	Pain associated with circulatory problems in the hands
9	5	0	Arthritic pain in toe
10	5	0	Arthritic pain in hand
11	5	0	Muscle tightness in back
12	4	0	Headache
13	5	0	Arthritic pain in toe
14	3	0	Rotator cuff pain
15	5	0	Headache
16	0	0	Burning sensation in foot
17	5	1	Arthritic pain in back and leg
18	5	0	Arthritic wrist
19	5	0	Frontal headache
20	3	1	Frontal headache

Tests were also conducted on twelve subjects suffering from arthritis. Half of the subjects were given a placebo for topical administration and the others were given the following composition:

Component	% w/w
deionized water	46
urea	20
lactic acid	7.5
propylene glycol	5
hydrogenated polyisobutene	4.5
isopropyl myristate	4
sodium hydroxide	3.2
cetyl alcohol	2.5
peg 100 stearate	2
putrescine	2
emulsifying wax	1.5
silk protein(amino acid)	1
imidazolidinyl urea	0.4
allantion	0.1
carbomer 940	0.1
di sodium EDTA	0.1
quaternium 15	0.1

- 5 This composition contains 2% putrescine. The results are summarized in Table 3. Three people who were given the placebo dropped out prior to completion of the study.

**Table 3**

Relief Ranking	2% putrescine Analgesic	Placebo Ranking
0		2
1		1
2		
3	2	
4	1	
5	3	

- 10 Tests were also conducted on people suffering from fibromyalgia to compare relief obtained with a topical composition containing 20 percent triethanolamine salicylate (Bayer Myoflex) to the above-indicated 2 percent putrescine composition. The test was double blind. The results obtained are summarized in Table 4.

**Table 4**

Subject	Myoflex Ranking	Duration of Relief (Hours)	2 Percent Putrescine	Duration of Relief (Hours)
1	3	1 - 3	4	2 - 12
2	1-2	2	3 - 4	5 - 6
3	1	2	3	4 - 6

A useful embodiment of the invention is one in which lidocaine is incorporated into a topical composition:

Component	Percent by Weight
deionized water	63.95
urea	10.00
N-propyl alcohol	7.00
carbomax PEG-400	5.00
triethanolamine	4.75
lidocaine	4.00
putrescine	2.00
lecithin	1.00
oleic acid	1.00
carbomer 940	0.40
imidazolidinyl urea	0.30
allantoin	0.20
methyl paraben	0.20
tetradecyl trimethylammonium bromide (Cetrimide)	0.20

5

While in this specification the invention has been described in detail through an example of some of the preferred embodiments thereof, it will be obvious to a person skilled in the art that many variations and modifications could be made without departing from the scope and spirit of the present invention. Therefore, the present invention should be considered as limited only by the scope.

10

All patents and publications referenced to throughout the specification are hereby incorporated in their entirety as though the contents thereof had been reproduced herein, without admission that such is prior art.

## CLAIMS

1. A method for producing local analgesia in a subject having a site of local discomfort, the method comprising topically administering an effective amount of an aliphatic polyamine to the site.
2. A method for producing relief in a subject having a site subject of nociceptive stimulation, the method comprising topically administering an effective amount of an aliphatic polyamine to the site.
3. The method of claim 1 or 2, wherein the polyamine is an alkylamine, preferably in which all of the amines are primary alkyl amines.
4. The method of claim 1, 2 or 3, wherein the polyamine has up to fifteen carbon atoms.
5. The method of any of claims 1 to 4, wherein the polyamine has up to four amino groups.
6. The method of any of claims 1 to 4, wherein the polyamine has up to three amino groups.
7. The method of any of claims 1 to 6, wherein the polyamine is saturated.
8. The method of any of claims 1 to 7, wherein the polyamine is non-cyclic.
9. The method of any of claims 1 to 8, wherein the polyamine has up to ten carbon atoms.
10. The method of claim 9, wherein the polyamine is spermine.
11. The method of claim 9, wherein the polyamine has at least four carbon atoms.
12. The method of claim 11, wherein the polyamine has up to seven carbon atoms.
13. The method of claim 12, wherein the polyamine is putrescine.
14. The method of claim 12, wherein the polyamine is spermidine.
15. The method of claim 12, wherein the polyamine is cadaverine.
16. The method of any preceding claim wherein the polyamine is administered as part of a composition and wherein the polyamine may be present, at least in part, as a pharmaceutically acceptable salt.
17. The method of claim 16, wherein the polyamine makes up between 0.1 and 10 weight percent of the composition administered to the site, or between 0.2 and 9 percent, or between 0.3 and 8 percent, or between 0.4 and 7 percent, or between 0.5 and 6 percent, or between 0.6 and 5 percent, or between 0.7 and 5 percent, or between 0.8 and 5 percent, or between 1 and 4 percent or between 1 and 3 percent, or between 1 and 2 percent.
18. The method of any preceding claim, wherein the site is located on the epidermis of a human.
19. The method of any of claims 16 to 18, wherein the composition further comprises a chaotropic agent.
20. The method of claim 19, wherein the chaotropic agent is urea, or is oleic acid, or is a combination of urea and oleic acid..
21. The method of claim 20, wherein the urea makes up about, or at least 5 percent, or about or at least 10 percent, or about at least 15 percent, or about or at least 20 percent, or about or at least 25 percent, or about or at least 30 percent, or about or at least 35 percent, or about or at least 40 percent, by weight, of the composition.
22. The method of any of claims 16 to 21, wherein the composition includes a pharmaceutically

- acceptable vehicle compatible with mammalian skin, and particularly, human skin.
23. The method of any of claims 16 to 22, wherein composition is a cream, or a is a spray, or is an ointment or is a gel, or is a lotion.
  24. The method of any of claims 16 to 23, wherein the composition further comprises beta 1,3-D glucan.
  25. The method of any of claims 16 to 24, wherein the composition further comprises lidocaine.
  26. The method of any preceding claim, wherein the discomfort is the result of a sports injury, a physical assault, arthritis, rheumatism, headache, shingles, surgical pain, or a combination of any of the foregoing.
  27. The method of any of claims 1 to 25, wherein the pain being experienced by the mammal is the result of a non-pathological condition.
  28. The method of any of claims 1 to 25, wherein the subject is suffering from fibromyalgia.
  29. The method of any of claims 1 to 22, wherein administering the polyamine includes mounting a patch having the polyamine incorporated therein at the site such that the polyamine is transferred from the patch to the site.
  30. The method of claim 29, wherein release of the polyamine from the patch is controlled to produce the analgesia over a period of time, wherein the period of time can be up to about one week, or wherein the period of time is between about one hour and one week, or between one hour and six days, or between six hours and five days, or between six hours and four days, or between twenty-four hours and three days, or between one day and two days.
  31. The method of any preceding claim, wherein the site is free of extracellular wound scar skin tissue.
  32. The method of any of claims 1 to 30, wherein the site is free of a wound undergoing healing of the skin.
  33. A topical analgesic drug composition comprising an analgesia-inducing amount of at least one aliphatic polyamine and urea, wherein the urea is present in the amount of at least about 5, or about 10, or about 15 percent urea, or about 20 percent urea, or about 25 percent urea, or about 30 percent urea, or about 35 percent urea, or about 40 percent urea..
  34. A topical analgesic drug composition according to claim 32, and further according to any of claims 3 to 17, and any combination of the elements defined therein.
  35. A topical analgesic drug composition according to 33 or 34, and further comprising a pharmaceutically acceptable vehicle compatible with mammalian skin, and particularly, human skin.
  36. A topical analgesic drug composition according to any of claims 33 to 35, wherein composition is a cream, or a is a spray, or is an ointment or is a gel, or is a lotion.
  37. A topical analgesic drug composition according to any of claims 33 to 36, wherein the composition further comprises beta 1,3-D glucan.
  38. A topical analgesic drug composition according to any of claims 33 to 37, wherein the composition further comprises lidocaine
  39. A topical analgesic drug composition according to any of claims 33, 34, 35, 37 and 38, wherein the



polyamine is incorporated into a patch.

40. Use of a composition of any of claims 33 to 39 in the treatment of a subject having a site of local discomfort.
41. Use of a composition of any of claims 33 to 38 in the production of a medicament for the treatment of a subject having a site of local discomfort and/or subject having a site subject of nociceptive stimulation.